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Writing assignment #5

Growing up I was constantly at the hospital with my little brother. After countless visits and hours spent inside the quiet and cold doctors’ offices, I started asking questions to strangers. Now to be fair the strangers I am talking about were nurses and doctors. After hearing all their stories I told myself I wanted to be like them. So then I started to peruse what I wanted to be. From helping my little brother in any way that I can made me want to help others in anyway that I can.

What I wanted to be was a doctor. Now I will say this goal has changed throughout the years with the options of so many different doctors you could be. Then I decided a few years ago that I wanted to deal with sport injuries. Now, this choice was from my own experiences in life. From competing at the highest level of sports in multiple sports and knowing the injuries I have with stained from them makes me want to be able to help with others who suffer the same from me. I suffered my first big injurie at the age of 12 and that was a fractured leg. I was playing soccer, and someone went in for a slide tackle and missed the ball completely and it my leg straight on and at that moment I was scared I would be the same after that. Then I started Rehab with the greatest person ever, Dr. Johnson. Now he connected with me through sports which made me less scared and whenever I was thinking about giving up he would do whatever exercise I was doing until I was done. Now I respected him for that on so many levels that some people wouldn’t even understand. Now when I finished rehab and make it to college to play sports, I tore everything you could possibly tear in your knee. I went to the school’s doctor and it was the worst experience in my life and I hated the way he treated me and I was told I would ever be able to play again. So I went back to Dr. Johnson to see if there was anything he could. The best we got to was just a few knee surgeries and being able to run and jump but not able to compete at the same level. So I retired from sports and started focusing on helping others. I started volunteering to coach and then I was an assistant athletic trainer at my college. Helping people made me feel good about myself and filled a void I was missing from not playing sports anymore. Ever since that job I told myself this is all I want to do.

So, now I am on the path to health athletes all over the world with their injuries. I want to recreate the way that Dr. Johnson made me feel to everyone that I help. I Am applying my self to school in order to make this dream happen. Not only am I in school to follow my dream I have but I am also involved with coaching kids to be there best at a competitive level. Not only am I doing that I help those kids with light forms of rehab like extra stretching and running or even just push ups and sit-ups. These little work out after practices can prevent injuries from happening and are the same thing that I did after all my practices.